

Worksheet 3**TEACHER'S NOTES**

What is HIV/AIDS? (just the basics) "HIV" stands for Human Immunodeficiency Virus
AIDS" stands for Acquired Immunodeficiency Syndrome

What is the difference between HIV and AIDS? When a person is infected with the human immunodeficiency virus (HIV) we say that he or she is "HIV positive," or "has HIV." A person who has HIV is classified as having AIDS if one of two things happens:
the CD4 count has dropped below 200/cc, or
an HIV-related infection or HIV-related cancer develops.

What are the ways we can be infected with this virus? Certain body fluids from an HIV-infected person can transmit HIV.

These body fluids are:

Blood

Semen (cum)

Pre-seminal fluid (pre-cum)

Rectal fluids

Vaginal fluids

Breast milk

How does this virus affect people around the world?

How can we prevent the spread of HIV/AIDS? How can I reduce my risk of getting HIV?
Don't have sex. Abstinence (not having sex of any kind) is a sure way to avoid HIV infection through sexual contact.

Get tested and know your partner's HIV status. ...

Be faithful to your partner. ...

Use condoms. ...

Limit your number of sexual partners. ...

Don't inject drugs

When was aids first recognized? 1980s –USA

What are the symptoms of HIV? During this late stage of HIV infection, people infected with HIV may have the following symptoms:

Rapid weight loss.

Recurring fever or profuse night sweats.

Extreme and unexplained tiredness.

Prolonged swelling of the lymph glands in the armpits, groin, or neck.

Diarrhea that lasts for more than a week.

What type of virus is HIV? HIV is a lentivirus, and like all viruses of this type, it attacks the immune system. –